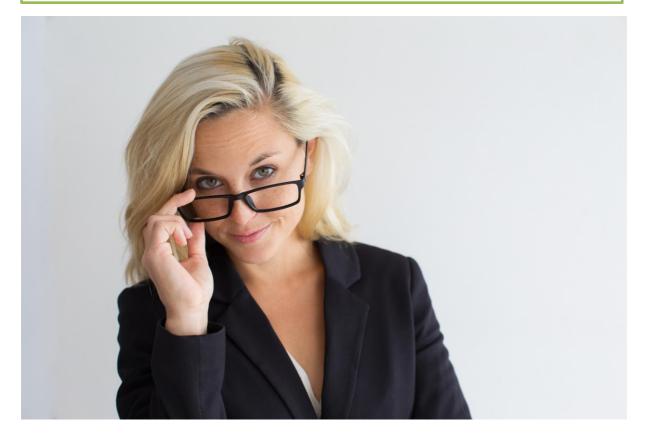


Women in Leadership

Duration:	2 days
Course type:	In-house seminar
Trainer:	Lisa Steinhauser
Target group:	PhD students, Postdocs and junior group leaders
Number of participants:	Max. 12



Being a leader has its own challenges. It takes good communication skills, the ability to give and receive feedback, some courage and trust in the own strengths as well as empathy and motivation. All these characteristics can be learned and developed. This workshop is tailormade for female academics who want to learn self-management and team leading. In addition to general leadership topics, we will discuss gender-specific aspects.

> info@naturalscience.careers Tel: +31 (0) 6 1960 0588 (Karin); +31 (0) 6 824 54 258 or +49 (0) 152 0600 5189 (Philipp) www.naturalscience.*careers*

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Self-management	Leadership and your team
 Awareness of professional and personal strengths Development of own leadership style Resilience Self-organisation at work 	 Get to know the personalities of your team members Personnel selection and team composition Tasks and decision making as a leader
Conflicts and feedback	Career planning
 Critical situations and arguments Dealing with difficult behavior Communicating up and down 	 Leadership as a decision Building a professional network Previously colleague, now group leader Competitive situations
Equal rights	Femininity as strength
 Legal situation Women's quota and promotion programmes Bypass systematic errors Pay gap 	 Emphasise your unique personality See through hidden power games Search for strategic support To be more confident