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Women in Leadership

Topic area:	(Self-) management
Format:	In-house workshop
Duration:	2 days
Trainer:	Lisa Steinhauser
Target group:	PhD students, Postdocs and junior group leaders

Being a leader has its challenges. It takes good communication skills, the ability to give and receive feedback, courage and trust in the own strengths as well as empathy and motivation. All these characteristics can be learned and developed. This workshop is tailor-made for female academics who want to learn self-management and team-leading. In addition to general leadership topics, we will discuss gender-specific aspects.

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Self-management - Awareness of professional and personal strengths - Development of own leadership style - Resilience - Self-organisation at work	**Leadership and your team** - Get to know the personalities of your team members - Personnel selection and team composition - Tasks and decision making as a leader
Conflicts and feedback - Critical situations and arguments - Dealing with difficult behavior - Communicating up and down	**Career planning** - Leadership as a decision - Building a professional network - Previously colleague, now group leader - Competitive situations
Equal rights - Legal situation - Women's quota and promotion pro-grammes - Bypass systematic errors - Pay gap	**Femininity as strength** - Emphasise your unique personality - See through hidden power games - Search for strategic support - To be more confident